

**Yoga Sūtra Class,  
Book 2, Verse 14  
May 3, 1994**

Editor's Note: **A:** is Babaji's comments. **Q:** represents a question from the Satsang participating in the class. The text is faithfully replicated from the handwritten notes as accurately as possible with changes when text is illegible or obviously misspelled.

Te - they  
paritapa - pain  
phalah - fruits  
puriyapunya - virtue, wise  
hetutvat - then comes

*Because of merit and demerit, they (birth, span of life, and experience) give pleasurable and painful experience (respectively).*

**A:** Someone can ask gambling is a bad action, but for the winner, the fruit is happiness. If we see it deeply, how it affects a person psychologically. One gets money, but also gets greed, fear, anger, discontentment. The cause of gambling was samsara of greed and fruit is greed.

**Q:** Re MMS school sporting event - there is an intense desire to win and disappointment in loss. Is there a comparison to gambling?

**A:** In worldly life we always try to win; it is the nature of the ego. All the sutras are for Sutra 12 chapter 1: (*Yoga chitta vritti narodha*). If we are trying to achieve a higher state of consciousness, then this sutra applies. In our worldly life, also if we are playing with ego centric desires, then it will create samskaras. Then those samskaras are not harming other.

**Q:** Re being able to evaluate whether karma is good or bad- (illegible- see?) it might be good to lose in gambling.

**A:** If we are trying to achieve liberation, then all actions that block ones self development are considered bad karma. If we are unaware of our higher aim and only into experience and bhoga, then it is ok.

**A:** Bad karma is identified by its effect; binding or not binding.

**Q:** There seem to be 2 levels success in life, and moving towards liberation.

**A:** Worldly success and spiritual success.

**Q:** It seems they are both a result of good karma.

**A:** Virtuous action with desire and with no desire have different results. With desire will bring success, happiness, etc. in the world only.

**Q:** If working towards liberation and don't get worldly success, what is the cause?

**A:** if not trapped by greed then worldly success will be conducive to self-development.

**Q:** (missing)

**A:** Yes all hindrances in the spiritual path are for working out some negative karmas.

**Q:** Related to kleshta and akleshta?

**A:** Every thought creates karma. But every karma does not fructify. Those actions and thoughts in which the ego is deeply involved, they create fructifying karma. If the thought comes to hurt someone, but the thought passes away, it will create karma but it will remain dormant.

**Q:** Acting out a part?

**A:** You are not killing a particular person.

**Q:** It seems the attachment is the important part.

**A:** Kleshas are in the mind.

**Q:** (missing)

**A:** If we are so non attached we will do virtuous things,

**Q:** So in playing volleyball- our responsibility is to win.

**A:** How the ego is involved ; 1) in playing, and 2) in trying to win.

**Q:** Re if Toby still thought he was Ravanna off they stage?

**A:** Then he can't act well he forgets he is Ravanna.

**Q:** If I am trying to work in the moment, how does it help - if I am in the kitchen?

**A:** You are in the kitchen (joke)

**Q:** So you can see the problem....

**A:** What is the problem?

**Q:** I'm not here, I'm not there....

**A:** If you are no one, then who is?

**A:** Buddhi is rajas guna - rajas = passion.

**Q:** Aversion to power?

**A:** Aversion is one of the kleshas. So you are back in the same trap. If the mind is separated from attachment and aversion then no trap. But as a method to get over egocentric de.u use the opposite method.

Desire and Ego. You use aversion (illegible - because) it is a method

**Q:** So you use aversion to the desire?

**A:** Yes. But it can trap also.

**Q:** Dispassion is a result rather than something we will ourselves to?

**A:** Purified buddhi is sattva predominate. Polluted or colored, buddhi is rajas predominate.

**Q:** Re: working on being present. Reference (says) give up (the) fruit, so more in the present. Does this tend to make one more worldly "successful"?

**A:** Worldly success means?

**Q:** Fame, wealth, etc. or successful accomplishing tasks.

**A:** Reagan was an actor and became the President; worldly success. It doesn't mean his worldly success means he is spiritually advanced.

**Q:** Rel. bet (illegible/undecipherable, Religions get/bet??) worldly success and spiritual development?

**A:** Those who are pursuing spiritual path there is inner success. One feels success by achieving money. One feels success as contentment.

**Q:** So do we redefine world success as contentment?

**A:** World means what strengthens over ego, attachment, and desires.

**Q:** But it seems we are success in sadhana correlates to success in the world?

**A:** Life in the world vs. worldly life.

**Q:** Meritorious action - that gives rise to pleasurable experience (as stated) in sutras?

**A:** Meritorious actions weakens ego attachment and desire which gives rise to peace and happiness.

**Q:** Why do they not use terms like 'sukha' and 'dukha' in this sutra?

**A:** Such and dunks relate to the physical body. here we are into smaskaras. Here the words are hlad (spelling? Itlad?) and paritapa, joy and sorrow. Both hlad and paritapa, both terms include the feelings on subtle levels. So in the term paritap - tap = heating, burning or pain. Paritap is more subtle.

**Q:** (missing)

**A:** Aishwarya - some translate it as prosperity, its meaning is lordship. If prosperity term is used in that way then it is the result of virtuous action. Ego, attachment and desires are binding whether one is prosperous or not. Gold chains; still are chains, both bind.

**Q:** So it is not the action but the (illegible) ego attachment.

**A:** Practical use is to watch the attachments.

**Q:** Eternal peace see4ms long term

**A:** When you achieve a short term goal, then what?

**Q:** Move on to the next goal?

**A:** Right, that leads to eternity.

**Q:** So it seems enlightenment is a gamble?

**A:** Not all gamblers win in this lifetime. One wins- ten lose. Here in spiritual field, question of losing doesn't arise, because you are creating a samskara.

**Q:** Sometimes pain of world directs us toward enlightenment?

**A:** Because we see our limited power we want support from higher power. A father may not be the strongest man in the world, but the son believes he is. The son is supported by that belief. What is God cannot be explained. When we believe that God is the supreme power, then we feel supported.

**Q:** So if we just clear the mind?

**A:** Free from ego, attachment, and desires. If that is achieved then there is nothing else to be achieved.

(final question and answer missing from scan of handwritten notes)