

6/1/76 darshan

99% of yogis are going back and forth in circles, not making any progress, in a trap. Because of not seeing the goal.

6/2/76 darshan

Thought is the cause of creation, the reason we've forgotten higher consciousness. The more we think (=ignorance), the more we create.

(How important is memory?) Remember yourself. Who is the Self that we must remember? First realize, then remember.

6/3/76 comments during retreat classes

(probably Atma Swarip speaking) Non-collecting is non-acceptance of the kinds of gifts that make you a slave.

Each of us creates the whole world, the world as we see it, ourselves. We feel this illusion that we create as truth.

(How can we overcome death?) By accepting it. The person who is not afraid of it never dies. It is that fear of losing the body that cuts us off from our past identities, and that is death. We are aware of the past, then we never die.

Curtain of time and space separates us. (Does everyone have their own astral plane?) In the astral plane there is no time and space. There we are one, and separate (see 6/20/76 satsang end). If there is no time and space, you are everywhere. As long as you are separated, you have to die in order to be reborn. The body can't be without time and space. (When we overcome death, do we become one with God's will?) It is a stage called "beyond death". (How to get out of trap?) By being desireless.

(Population explosion?) Put 100 cups of water in the sun and you see 100 suns. More cups or none, the sun doesn't care. This ebb and flow of the population is natural.

The desire to be one is devotion.

Man is not making a mess on the earth (in nature). It is the process. Individually you can get

out. In olden times there was a powerful mantra (brahmastra) able to destroy whole universes. A weapon. Having come into existence, it had to be used, Was used.

Work to eat. Eat to live and to work. You are not just for you. (Too much free time makes us irresponsible?) Yes.

By having sexual relationship, you take on or give karma.

Improper sexual abstinence, blocked urges, can hurt the mind. Mostly in the US. If there is a true understanding, you are not abstaining.

6/4/76 darshan

Ego in its sattvic state becomes the Self.

Karma shakti creates the ego of being a doer. It makes the gunas flow down separately, and in mixed state. Gunas are undifferentiated in mula, in sattvic form.

On karma shakti level, the experiencer is an illusion. The original experiencer is not an illusion.

Once ajna is pierced, there is no sadhana for piercing sri, you are on your own. Can go to left or right for powers, rather than following sattvic path.

6/5/76 darshan and 6/6/76 satsang

Attachment to love itself is devotion.

Desires create needs and then negative thoughts.

Don't break all attachment, just watch it. If you break it, you will go crazy.

(Effects on the subtle body of mentally going places and talking to people?) It can harm. The more the mind talks, the more it goes crazy. The aim of yoga is to silence the mind. Thinking that leads inward rather than outward is good

Can read samskaras from desires, dreams, past events. Can be reliving samskaras acquired in this life (as well as before).

We get our parents' karma, good and bad.

Don't dance in a bar because will pick up bar samskaras. Crazy dancing is from excitation of mastaka granthi.

Sita stands for maya, Kali for shakti and/or maya. (Why do we worship the mother _ maya?) Because we want her to release us. (Can she? Will she>) She did once.

Only after Samadhi is there anything but maya, anything that is real.

(How can we know the will of God?) We can't. Practice surrendering and one day we'll be able to.

(Kirtan mantra says) Speak truth and you will hear truth.

6/8/76 darshan

It is natural for women to try to please men (in their natural state, which they can gain release from).