

3/28/78 darshan

Sahita has two variations, samanu and nirmanu. Best concentration is on ajna. There is a mantra for it (during sahita). You did it at the tantra ritual [at retreat]. Or if you are advanced, use the gayatri mantra. Which class [of sahita] do you do? (Second.) Use the six-bija mantra. (Gayatri would be used only for first class?) Yes. [because of its great length]

Shiva has eleven forms. Vishnu reincarnates. Shiva just has different forms. Vishnu has ten incarnations.

(Strap around [crossed] legs to make meditation posture easier.) It is an old tradition. It is used in long sitting in samadhi.

(Does the tantra ceremony have the ability to disturb a woman's menstrual cycle?) It can. It depends on her emotion. It can come out faster or delay. (The whole retreat could. Doing more sadhana. Just being there.) Yes. It doesn't harm physically.

There is a time gap. (Generation gap.) It can't be filled. You will do the same to your children. The boys who played with me are now grandfathers. They tell their grandchildren how good they were. They were not.

(Jealousy of son-in-law or daughter-in-law.) Possessiveness. The parents expect too much and the children don't care. For them it is natural. You are young.

(In India the parents choose the son-in-law and daughter-in-law, so they accept. The couple then.....) They never think of having another relationship. Here relationship is first, marriage second. (So there are other relationships first, often. Other relationships are expected before, and there is expectation of divorce if relationship doesn't work.)

3/31/78 Sadanand reported that, a couple of years earlier, Babaji said about the land project [Mount Madonna Center]:

The people who know how to play will be able to work, and the people who don't know how to (who can't) play will go crazy.